## NOTES

## **Spiritual Practice - Make Disciples - Renewed and Rooted**

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,-- Matthew 28: 18-19

"God has willed that we should seek and find His living Word in the witness of a rather, in the mouth of man. ... He needs him again and again when he becomes uncertain and discouraged."

- Dietrich Bonhoeffer

## Practice one or all of these exercises this week -

The purpose of Spiritual practices isn't to say I accomplished something. It's not even something that is to help you feel more spiritual, but it's about forming you in Christ.

James Bryan Smith write, "The Christian faith is not primarily about belief and practices; it is primarily about what kind of people Christians become."

As we focus on Making Disciples this week, I invite you to practice one or two of these practices that will help you move closer to Intentional Community.

Notice, there isn't a how to list to do these practices, they are simply suggestions to take time to live out joy while you practice them.

## Spiritual practices -

Study the community relationship of the Trinity in Luke 10:22-23; John 3:34-36; 6: 57-63 and 14: 14-17; Galatians 4:4-6 and 1 John 4:6-15; 5: 5-8. Look for themes such as love and truth. What other themes do you find?

Talk to someone about forming an intentional friendship where you meet weekly or biweekly. For more information about forming a Discipleship Band visit <u>https://discipleshipbands.com/</u>

Look back on opportunities for community you've previously experienced. Journal (or talk with someone) about what you did that helped build community and what you would need to do more of (or better) next time.

Encourage or simply grin at someone who behaves in a spiritually arrogant way. Say nothing to them, but do pray for them.

From "Spiritual Disciplines Companion: Bible Studies and Practices to Transform Your Soul" by Jan Johnson

