NOTES



Spiritual Practice - Let the Little Children

Matthew 19: 13-15 - Then people brought little children to Jesus for him to place his hands on them and pray for them. But the disciples rebuked them. Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." When he had placed his hands on them, he went on from there.

Christian spiritual formation is the process by which we grow in relationship with God and therefore, gradually, all the aspects of our person begin to take on the character of Christ. Everyone receives a spiritual formation of some kind, just like everyone receives an education. - Lacy Finn Borgo

Faith 5

As we begin our "All in the Family" series, we begin by looking at the little ones among us.

Proverbs 22:6 reminds us
"Start children off on the way they should go,
and even when they are old they will not turn from it."

Building a relationship with Jesus is the most important thing we can do for our little ones. Rich Melheim from Faith incubators developed these 5 simple steps that can be done with any kind of group. Spend time around the table, or before bedtime discus these steps with your children, spouse or friend.

SHARE your highest and lows (What was the best part of your day? The worst?

READ a Bible verse or story (use the lectionary above or our scripture for today)

TALK about how the Bible reading might relate to your highs and lows

PRAY for one anther's highs and lows

BLESS one another (Share the peace of Christ, or trace a cross on a forehead saying "God bless you" or "God loves you and so do I"